Doula Services

Overview
A doula is a non-medical trained professional who provides education, emotional and physical support during pregnancy, labor/delivery, and post-partum periods.

Policy

Covered Services
The following Current Procedural Terminology (CPT) and Healthcare Common Procedure Coding System (HCPCS) codes may be billed by provider type (PT) 90 – Doulas:

<table>
<thead>
<tr>
<th>Procedure Code</th>
<th>Modifier</th>
<th>Procedure Code Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>S9409</td>
<td>U1</td>
<td>Vaginal delivery only</td>
</tr>
<tr>
<td>S9514</td>
<td>U1</td>
<td>Cesarean delivery only</td>
</tr>
<tr>
<td>S9612</td>
<td>U1</td>
<td>Vaginal delivery only after previous cesarean delivery</td>
</tr>
<tr>
<td>S9620</td>
<td>U1</td>
<td>Cesarean delivery only after attempted vaginal delivery after previous cesarean delivery</td>
</tr>
<tr>
<td>S9445</td>
<td>U1</td>
<td>Patient education not otherwise classified non physician provider, individual per session</td>
</tr>
</tbody>
</table>

Doula services for the same recipient and pregnancy are limited to a maximum of the following:

- Four (4) visits during the prenatal, antepartum, and/or postpartum period up to 90 days postpartum (procedure code S9445). Code S9445 also has a limitation of one (1) visit per day.
- One (1) visit at the time of labor and delivery (procedure codes S9409, S9514, S9612 or S9620).

For services rendered via telehealth, refer to MSM Chapter 3400 – Telehealth Services. Please refer to the Telehealth Billing Instructions for additional information.

Non-covered Services
For a list of non-covered services, refer to MSM Chapter 600 – Physician Services.

Claims that reimburse in error are subject to recoupment.

Prior Authorization (PA)
PAs are not required for doula services.

Billing Requirements or Instructions
Submit all professional claims electronically using Direct Data Entry (DDE) through the Electronic Verification System (EVS) secure Provider Web Portal or use an approved trading partner. Refer to the EVS User Manual for billing instructions.